

# NHMTA SEMINARS



## **A BRIEF OVERVIEW OF THE BRAKE SEMINARS OFFERED**

-The first in the series reviews Air Systems. It will go over just how your systems are supposed to work - learn how to identify the problem the first time, and eliminate needless replacement of components.

-Next will be an Air Foundation Seminar, which is a common sense approach to performing a brake job. You will receive your brake adjuster's certificate after attending this class.

-Air Brakes (Anti-Lock Brake Systems) will follow the Air Foundation class. This class offers diagnostics and proper maintenance procedures on the Rockwell Wabco/Bendix systems.

## **REASONABLE SUSPICION TRAINING**

Do all of your supervisors of CDL drivers have the training to recognize ALCOHOL AND DRUG ABUSE?

The Federal Motor Carrier Safety Regulations mandate:  
§382.603 Training for Supervisors.

(a) Each employer shall insure that persons designated to determine whether reasonable suspicion exists to require a driver to undergo testing under §382.307 receive at least 60 minutes of training on alcohol misuses and receive at least an additional 60 minutes of training on controlled substances use. The training will cover the physical, behavioral, speech, and performance indicators of probable alcohol misuse and use of controlled substances.

## **HOW TO SURVIVE A DOT AUDIT AND ROADSIDE INSPECTION**

*DRUG & ALCOHOL TESTING	*HOURS OF SERVICE
*COMMERCIAL DRIVERS LICENSE	*DRIVER QUALIFICATIONS FILES
*INSURANCE REQUIREMENTS	*VEHICLE INSPECTION REPORTS
*ACCIDENT REPORTING	*INSPECTION REQUIREMENTS

## **HOURS OF SERVICE**

This seminar will show your drivers and managers the "hows" and "whys" of the logging requirements under DOT's revised Hours of Service rule. Featuring a series of quizzes to test their understanding, this training covers the 11-hour rule and 14-hour rules...sleeper

birth option ... on-duty time versus driving time... and more. We also focus on the management side of logging hours. We show you how to audit driver's logs to spot errors and discrepancies that could put your company at risk for non-compliance with the new HOS rule.

### **FORKLIFT OPERATOR-SAFETY TRAINING**

This course is designed to meet OSHA training requirements for operators of powered industrial trucks. The training is "classroom" style providing theoretical and practical information in an easy to understand format. Lecture, video, visual demonstration and discussion are utilized to train participants in safety practices. Upon attaining a passing grade on a written exam, participants will receive a wallet card certifying course completion. Employers will receive verification of course completion for individual training records. Once classroom training is successfully completed, the operator, must then receive hands-on training specific to the type of machine he will operate and be evaluated by the employer. This evaluation must be recorded as to the trainer, name of operator, the date, and identity of the person performing the evaluation.

"The employer shall ensure that each powered industrial truck operator is competent to operate a powered industrial truck safely, as demonstrated by the successful completion of the training and evaluation specified in this paragraph [1910.178(1)].

### **HAZARDOUS MATERIALS TRAINING SEMINAR**

Who Should Attend?

Plant & Safety Managers  
Traffic & Transportation Managers  
Distribution Employees

Packing & Shipping Supervisors  
Warehouse & Dock Supervisors  
Dispatchers & Purchasing Agents

Any employees involved with Hazardous Materials Shipping. Employees must be trained within 90 days after date of hire and retraining is required every 3 years.

What information will you receive?

Shipping Documentation and General Requirement  
Hazardous Materials Tables  
Loading and Storage  
New Regulation Training

Packing and Marking  
Placarding and Labeling  
Emergency Response  
Application of Federal rules to in-state shipments

### **MANDATORY TRAINING FOR ENTRY LEVEL CDL DRIVERS**

The DOT has established standards for mandatory training requirements on four specific topics for entry – level operators of commercial motor vehicles who are required to hold or obtain a commercial driver's license (CDL). Drivers who are required to hold a CDL and have less than one year experience in operating commercial motor vehicles in

interstate commerce are subject to the training requirements.

Areas covered are: Driver Qualification, Hours of Service, Driver Wellness and Whistleblower Act

### **DOT CARGO SECUREMENT RULES AND PROCEDURES**

This seminar gives your drivers, supervisors and managers a basic understanding of the DOT's cargo securement rules, and safe cargo securement practices. Plus, it specifically focuses on dry vans, enclosed trucks and trailers, flatbed trucks and trailers and other open trucks and trailers.

What we cover: The regulations and their interpretations and best practices. Specific cargos to be covered include logs, steel beams, light and heavy vehicles and equipment, palletized loads, tarping requirements, load distribution and more

### **PRE & POST-TRIP COMMERCIAL VEHICLE INSPECTION**

This seminar will show your drivers - step by step, part by part - how to inspect their vehicles. Proper vehicle inspections can reduce the chances of accidents and breakdowns and their resulting costs. This training will convince your drivers that inspections need to be done before and after every trip ... and will show them the proper procedures. Makes a strong case for vehicle inspections by reminding drivers that they and their company suffer from accidents and breakdowns. Walks drivers through a seven-step inspection process from the engine to the cab to the brakes. Reminds drivers of applicable DOT regulations. It stresses the importance of checking things in the same order every time to reduce the chance of forgetting something, and reminds drivers to fill out the DVIR each time, as well.

### **DEFENSIVE DRIVING & HAZARD PERCEPTION FOR TRUCK & BUS DRIVERS**

This seminar will give the student refresher training that reminds them of key safety points they cannot afford to forget. This seminar will help new and experienced drivers with safety reminders they need to reduce the possibility of accidents.

The course of instruction will focus on the FMCSRs 49 CFR Part 392 and the rules of the road. The student will learn about visual scanning, safe following distances, stopping distances, road hazards and communicating with other drivers. The hazard perception training really gets students to participate in the learning experience. They will participate in scenarios that involve city driving, highway driving, extreme weather driving, backing and night driving.